Science and Engineering (Engineering)



Title of Project: Field survey on Impact of living environments on brain, cardiovascular, respiratory and locomotive system, and co-benefit evaluation of disease and long-term care prevention

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Research Project Number: 17H06151 Researcher Number: 30302631 Research Area: Built environment engineering, Public health

Keyword: Housing insulation, Healthy life expectancy, Cohort study, Intervention study, Co-benefit

[Purpose and Background of the Research]

The influence on health by housing is summarized in many papers including WHO report, such as influence on overall health and mental health by cold, respiratory illness due to air quality or dampness. Housing and health studies are particularly advanced in United Kingdom and New Zealand. Besides, The chapter 9: Building of IPCC/AR5/WG3 report suggested visualization of co-benefits of residents' health and workplace productivity are effective for promoting low carbon buildings.

[Research Methods]

Outline of the research method is shown in Fig.1.

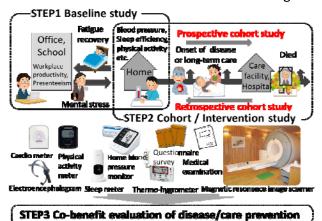


Figure 1. Outline of the research method

STEP1 Baseline study

The research team has conducted a baseline survey on the influence of various living environments on health indicators of residents of a wide range of age ranges from infants to the elderly, with good relationships with the national government, local governments, companies and residents carry out.

STEP2 Cohort / Intervention study

Cohort studies several years after STEP 1 and intervention studies before and after new construction and renovation will be conducted.

STEP3 Co-benefits of disease/care prevention

Combining the research results of STEP 2 with official statistical data, co-benefits of diseases/ care prevention for each household and future forecasts for each national and local governments.

Table 1. Architectural and medical research team

| 1 | Keio University | Prof. Toshiharu Ikaga | Architectural and Urban Environmental Engineering | Dr.,Eng. |
|----|---|-------------------------------|--|------------------|
| 2 | | Assoc. Prof. Yasue Mitsukura | Brain Engineering | |
| 3 | | Assoc. Prof. Yuko Oguma | Exercise Epidemiology | Dr., Medicine |
| 4 | Tokyo Metropolitan University | Prof. Emeritus Tanji Hoshi | Public Health | |
| 5 | | Prof. Fumiko Ito | Urban Planning | Dr., Fng. |
| 6 | Jichi Medical University | Prof. Kazuomi Kario | Cardiovascular Medicine | Dr., Medicine |
| 7 | | Assoc. Prof. Satoshi Hoshide | | |
| 8 | University of Occupational and Environmental Health | Assoc. Prof. Yoshihisa Fujino | Public Health | |
| 9 | | Lecturer Tatsuhiko Kubo | | |
| 10 | Kanazawa University | Prof. Hiroyuki Nakamura | | |
| 11 | Toho University | Prof. Fjiko Fukushima | Midwifery | |
| 12 | Tokyo Dental College | Prof. Masaru Suzuki | Emergency Medicine | |
| 13 | National Institute of Health Sciences | Dr. Maiko Watanabe | Health Microbiology | Dr., Science |
| 14 | University of Kitakyusyu | Prof. Yasuyuki Shiraishi | Architectural and Urban Environmental Engineering | Dr., Eng. |
| 15 | | Lecturer Shintaro Ando | | |
| 16 | Hosel University | Lecturer Shun Kawakubo | | |

[Expected Research Achievements and Scientific Significance]

In this research, architectural studies and medical experts shown in Table 1 cooperate with national government, local governments, companies and residents to measure living environment in daily life and health data. Results of this research are useful not only for individuals but also for policy makers.

[Publications Relevant to the Project]

- -Evaluation of Investment in Residential Thermal Insulation, Considering Non-Energy Benefits delivered by Health, Journal of Environmental Engineering, Architectural institute of Japan, Vol. 76, No. 666, 2011
- -Lower Physical Performance in Colder Seasons and Colder Houses: Evidence from a Field Study on Older People Living in the Community, Int. J. Environ. Res. Public Health, 2017

【Term of Project】 FY2017-2021

(Budget Allocation) 159,700 Thousand Yen

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