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研究課題名（和文）近赤外線分光法 fNIRS による排尿に応じた脳活動測定

研究課題名（英文）Brain activation measurement by NIRS in response to bladder behavior

**研究代表者**

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**研究成果の概要（和文）：**

我々は、座位ウロダイナミクスでの、自然に近い連續蓄尿排尿に呼応した脳活動を、機能的近赤外線分光法(functional near-infrared spectroscopy, fNIRS)を用いて検討した。対象は、排尿筋過活動(DO)を有さない対照群 5 名(男性 1 名女性 4 名; 平均年齢 61 歳[38-70])と、DO を有する群 4 名(全例男性; 平均年齢 55 歳[33-65])である。前頭葉外側面を閑心領域とした酸化ヘモグロビン濃度(oxy-Hb)リアルタイム測定を、座位・閉眼・流水音(ホワイトノイズ)下ウロダイナミクス時に 2 度行った。初発尿意および最大尿意時に、右手を軽く挙上するよう指示した。その結果、対照群: 1)oxy-Hb は初発尿意より前から緩徐に増加, 2)oxy-Hb は蓄尿中緩徐に増加し排尿直後がピーク, 3)oxy-Hb は排尿中緩徐に低下, 4)排尿不可の者も、排尿企図後 oxy-Hb は緩徐に低下, 5)賦活部位は両側前頭前野、特に Brodmann 8,10,46 野で顕著であった。DO 群: 6)初発尿意前の oxy-Hb 増加が稀で、前頭前野賦活が弱い傾向がみられたが、その他は対照群と同様であった。すなわち、fNIRS を用いて、座位ウロダイナミクス時、自然に近い連續蓄尿排尿に呼応した前頭前野賦活を確認できた。さらに、抗コリン薬の投与前後で同様の検討を行ったところ、過活動膀胱(OAB)で低下していた前頭前野賦活が正常化する傾向を認めた。

研究成果の概要（英文）： Aim of this study is to explore brain activity in the frontal micturition area during natural bladder behaviour. Five control subjects (one man and four women; mean age 61 years [38-70]) and four subjects with detrusor overactivity (all men; mean age 55 years [33-65]) were enrolled in the study. We performed real-time measurements of oxyhemoglobin concentration (oxy-Hb) changes in the frontal micturition area using functional near-infrared spectroscopy (fNIRS) in response to quasi-natural, continuous bladder filling and voiding in a sitting position. In the control group the following results were obtained: 1) a slight increase of oxy-Hb before first sensation occurred, 2) there was a continuous increase of oxy-Hb during bladder filling to the point just after voiding began, 3) there was a continuous decrease of oxy-Hb after voiding, 4) in subjects who were unable to urinate, oxy-Hb also decreased after attempting to void, and 5) the area activated was the bilateral lateral prefrontal area, particularly Brodmann's areas 8, 10 and 46. In the detrusor overactivity group, 6) an increase of oxy-Hb before first sensation was rare and frontal cortical activation was weak, 7) at the moment detrusor overactivity appeared, fNIRS brain activity in the frontal cortex did not change significantly; and otherwise the results were almost the same as those in the control group. This study shows that the frontal micturition area is activated during natural bladder filling and voiding using fNIRS. We were also able to show normalization of decreased prefrontal activity after administration of anticholinergics.

## 交付決定額

(金額単位：円)

	直接経費	間接経費	合計
2010 年度	200,000	60,000	260,000
2011 年度	100,000	30,000	130,000
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総 計	400,000	120,000	520,000

研究分野：医歯薬学

科研費の分科・細目：外科系臨床医学・泌尿器科学

キーワード：排尿学

### 1. 研究開始当初の背景

排尿に呼応した動的脳活動は従来報告されていない。

### 2. 研究の目的

我々は、座位ウロダイナミクスでの、自然に近い連続蓄尿排尿に呼応した脳活動を、機能的近赤外線分光法(functional near-infrared spectroscopy, fNIRS)を用いて検討した。

### 3. 研究の方法

対象は、排尿筋過活動(DO)を有さない対照群5名(男性1名女性4名；平均年齢61歳[38-70])と、DOを有する群4名(全例男性；平均年齢55歳[33-65])である。前頭葉外側面を関心領域とした酸化ヘモグロビン濃度(oxy-Hb)リアルタイム測定を、座位・閉眼・流水音(ホワイトノイズ)下ウロダイナミクス時に2度行った。初発尿意および最大尿意時に、右手を軽く拳上するよう指示した。

### 4. 研究成果

対照群：

- 1)oxy-Hbは初発尿意より前から緩徐に増加,
- 2)oxy-Hbは蓄尿中緩徐に増加し排尿直後がピーク,
- 3)oxy-Hbは排尿中緩徐に低下,
- 4)排尿不可の者も、排尿企図後oxy-Hbは緩徐に低下,
- 5)賦活部位は両側前頭前野、特に Brodmann 8,10,46野で顕著であった。

DO群：

- 6)初発尿意前のoxy-Hb増加が稀で、前頭前野賦活が弱い傾向がみられたが、その他は対照群と同様であった。すなわち、fNIRSを用いて、座位ウロダイナミクス時、自然に近い連続蓄

尿排尿に呼応した前頭前野賦活を確認できた。さらに、抗コリン薬の投与前後で同様の検討を行ったところ、過活動膀胱(OAB)で低下していた前頭前野賦活が正常化する傾向を認めた。

### 5. 主な発表論文等

(研究代表者、研究分担者及び連携研究者には下線)

#### 〔雑誌論文〕(計45件)

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[図書] (計 1 件)

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[その他]

ホームページ等

<http://www.lab.toho-u.ac.jp/med/sakura/neurology/>

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該当しない